## 2022-2023 CHS Activities

## **Parent Information**

- Physical All incoming 9<sup>th</sup> and 11<sup>th</sup> graders must have a current physical conducted after May 1<sup>st</sup> 2022
- All 10<sup>th</sup> and 12<sup>th</sup> graders must complete an IHSAA Interim Questionnaire after May 1<sup>st</sup> 2022
- Fall Sports Registration opens May 1st 2022
- A Parent must create an account on-line at <u>www.registermyathlete.com</u>. THIS MUST BE A
  PARENT ACCOUNT. You will use this account for as long as your student participates in
  extracurricular activities at Coeur d'Alene High School. If you have an existing account from
  Canfield Middle School, please login to your existing account and select Coeur d'Alene High
  School then start a new registration. DO NOT CREATE A NEW ACCOUNT.
- Start a new registration, select your school, select/add your athlete(s), select the
  year/sport(s) your athlete will be participating in from the list and complete the requirements.
  The sport physical and interim questionnaire forms can be downloaded from the RMA site
  under School Requirement, Additional Requirements/Physicals. Once you have reviewed,
  agreed to the required documents and e-signed, you're done! Don't forget to submit the
  physical or interim questionnaire.
- Returning athletes must start a NEW registration for the 2022-2023 school year and confirm
  or update account information. Please select the sport(s) your athlete will be participating in
  from the list and e-sign. DO NOT CREATE A NEW ACCOUNT. If you have forgotten your
  account information, please contact the Activities Office.
- Completed paperwork can be uploaded to RMA for verification. Get registered, paperwork completed to insure you are ready for practice/tryouts in August.

## NO PAPERWORK - NO PRACTICE - NO EXCEPTION!!!

- Extracurricular Travel Fees (\$25) and ASB (\$40) Payable at registration in August
- Sign up for email/text alerts for schedule changes at www.vikingathletics.org
  - o Create a profile
  - Select Coeur d'Alene High School under Favorites
  - o Add the teams you want to be notified about
  - o Select "Schedule Changes"
  - o Select "Add an Alert" and enter your email, cell phone or both
  - o That's it! Any time there is a schedule change or update, you will receive a notification
- Any questions contact Norma Alley email nalley@cdaschools.org

